FOR IMMEDIATE RELEASE ON MARCH 25, 2020

March 25, 2020
Michael Cavallaro
Executive Director
Rogue Valley Council of Governments (RVCOG)
mccavallaro@rvco.org, 541-423-1335

RVCOG Announces

Food & Friends Meals on Wheels Meal Site COVID-19 Plan

Rogue Valley Council of Governments (RVCOG) Food & Friends Meals on Wheels (MOW) dining centers began providing take-home meals to its clients in Jackson and Josephine Counties beginning Friday, March 20th, in an effort to prevent the spread of the coronavirus, COVID-19. To the extent that we are able, MOW home-delivery will continue uninterrupted using a non-contact delivery method.

Where we have continued site access, those who regularly dine at one of our neighborhood dining sites can be provided a take-home meal when they arrive on the site’s assigned pick up day. Pick up days will be assigned by the Site Coordinator between 10:30 am and 11:30 am to pick up “to-go” meals.

For MOW home delivery, Food & Friends is suspending hand-to-hand delivery and are asking volunteers and clients to keep a six-foot distance from each other. Volunteers who have a cough or have symptoms of the flu are asked to stay at home rather than risk exposing homebound seniors.

We want to ensure the safety of our employees, participants, and our volunteers. Because we work with a population that is very vulnerable to the effects of the coronavirus, we are being especially vigilant in light of the current environment.

Food & Friends is also incurring additional costs that are not anticipated to deal with this change in service. As the availability of the MOW volunteer corps changes, monetary donations will be used to off-set mileage expenses to ensure that there are no interruptions to delivering meals to home-bound clients. If you would like to donate to help offset these costs, please visit our website at http://rvco.org/home/sds-2/food-friends-meals-on-wheels/.
If you are currently a volunteer, thank you! If you would like to volunteer to deliver meals, please call 541-734-9505 in Jackson County or 541-955-8839 in Josephine County.

For additional information about COVID-19, visit the Centers for Disease Control, the Oregon Health Authority, or the World Health Organization websites.

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Food & Friends: Senior Dining Sites & Meals on Wheels Service Areas

For questions specific to your local congregate meal site, you may contact the site manager directly at the phone numbers listed below. Please direct all other inquiries, including changes to your Meals on Wheels service, to the administrative office in your area.

Jackson County

<table>
<thead>
<tr>
<th>Location</th>
<th>Site Name &amp; Address</th>
<th>Site Coordinator</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Ashland</td>
<td>Ashland Senior Activity Center</td>
<td>Jane</td>
<td>541-488-9850</td>
</tr>
<tr>
<td></td>
<td>1699 Homes Ave.</td>
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<tr>
<td>Central Point</td>
<td></td>
<td>Kailee</td>
<td>541-665-0117</td>
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<tr>
<td>Eagle Point</td>
<td>Senior Citizens Community Center</td>
<td>Larry</td>
<td>541-826-9404</td>
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<td></td>
<td>121 Loto Street</td>
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